

# B R E A K F A S T

## BEVERAGES

- V-8 Juice | \$3.50
- Tomato Juice | \$3.50
- Orange Juice | \$3.50
- Grapefruit Juice | \$3.50
- Apple Juice | \$3.50
- Gourmet Coffee | \$3.00
- Pineapple Juice | \$3.00
- Novus Tea | \$3.00
- Cranberry Juice | \$3.00
- Strawberry Banana Smoothie | \$5.00

## A LA CARTE

- Toasted English Muffin | \$2.00
- Wheat, Rye or White Toast | \$2.00
- Bagel with Cream Cheese | \$2.00
- Breakfast Potatoes | \$3.00
- Fresh Baked Blueberry Muffin | \$3.00
- Oatmeal | \$4.00
- Heart Healthy Cereal | \$3.00
- Applewood Smoked Bacon | \$4.00
- Smoked Sausage Patty | \$3.00
- Turkey Sausage Links | \$4.00
- Grilled Virginia Ham | \$4.00

## HEALTHY TRADITIONS

- Seasonal Fruit Plate | \$8.00**  
Sliced fresh seasonal fruit and berries served with passion fruit yogurt dip and fresh baked banana nut bread
- Bagel and Lox | \$10.50**  
Smoked salmon, cream cheese, capers, red onion and diced egg
- Yogurt Parfait | \$5.00**  
Granola, seasonal berries, golden pineapple, layered with creamy low fat vanilla yogurt
- Mexican Bruschetta | \$8.00**  
Open faced french baguette topped with refried beans, fresh avocado, pico de gallo and queso fresco
- Hawaiian Style French Toast | \$9.00**  
Your choice of pineapple or bannanas in orange brandy sauce

# B R E A K F A S T

## GRIDDLE SPECIALTIES

### Pineapple Upside Down Pancake | \$9.00

Golden pineapple, brown sugar and pecan baked with buttermilk pancake batter finished with cherry shagbark syrup

### Belgian Waffle | \$7.00

Served with whipped cream and sliced strawberries

### Columbian Skillet | \$10.00

Artichoke, fresh spinach, sausage, bacon, potatoes, peppers, feta and tomatoes, topped with cheddar cheese

### Buttermilk Pancakes | \$7.00

Stack of three or six silver dollars

## CLASSIC EGG DISHES

All breakfast served with choice of home fried potatoes, hash brown potatoes, fresh fruit or cottage cheese

### Two Eggs any Style\* | \$8.00

Choice of bacon, sausage or ham

### Frittata\* | \$9.00

Roasted asparagus, sundried tomatoes, shallots and topped with feta cheese

### Eggs Benedict\*

Traditional | \$11.00

Smoked salmon with spinach and dill hollandaise | \$13.00

### Southwestern Chorizo and Eggs | \$9.00

A classic southwestern dish with fresh ground chorizo, refried beans, green tomatillos and scrambled eggs

### Three Egg Omelet\* | \$9.50

Onions, mushrooms, green peppers, tomatoes, ham, bacon, sausage, swiss, cheddar and American cheese